

Jennifer Denise Bojanowski, LCSW, MS, CGC

47-321 Mawaena Street • Kaneohe, HI 96744
Office (808) 927-9151 • Fax (808) 400-8052
jennifer@kaionacounseling.com

Career Interests & Goals

- Provide psychotherapy and genetic counseling through private practice, Kaiona Counseling LLC
- Join individuals and families on their path to sustained positive change through individually meaningful knowledge, skills, and insight.
- Clinical orientation: Strength-based, trauma-informed, cultural humility, tf-CBT®, DBT, Emotionally Focused Therapy, Multisystemic Therapy, IFS, Polyvagal Theory, mindfulness-based therapy, Contingency Management for substance use, narrative and life review therapy, complementary interventions (expressive arts, poetry, literature, music, horticulture, and boxing/other recreational therapies), genetic counseling
- Special populations: Adults, adolescents, parents, military, veterans, dependents
- Special topics: Women's mental health, chronic disability and illness, depression, anxiety, trauma, dissociation, PTSD, grief and loss, community re-entry, transitions/adjustment, provider and community education, and genetic counseling (hereditary cancer, psychiatric genetics, carrier screening, fertility preservation, use of assistive reproduction)

Formal Education

M.S.W. **Hawai'i Pacific University**, Honolulu. Social Work. 05/2015

- **First Year Practicum at Mahoney Hale:** Federal Residential Reentry Center for offenders transitioning into community. Awarded grant from the Awesome Foundation and instituted *Kui Hui Boxing Support Group* for female offenders. Created *Cheap & Healthy Eating Class* module for center. Developed and administered *Poetry Therapy Workshop* for residents. Co-facilitated weekly *Substance Abuse Aftercare Group*. Redesigned center website and pamphlet.
- **Second Year Practicum at Hospice Hawaii:** Provided in-home social work services to patients on hospice. Contributed to Interdisciplinary Group and Social Work Team meetings. Presented in-service on *Life Review Therapy* to staff. Completed *Healing Touch Level I* training.
- **Genetics and Genomics in Clinical Social Work: A Systematic Review of the Post-Human Genome Project Literature**, qualitative research capstone project.

M.S. **University of California**, Berkeley. Genetic Counseling (Health & Medical Sciences). 05/1995

B.A. **University of Washington**, Seattle. Cell & Molecular Biology, Honors. 06/1993

Continuing Education, Selected

- **Internal Family Systems: Level 1**, Online from Portugal. ifs-institute.com. 03-05/2021
- **Emotionally Focused Therapy for Couples: Core Skills 1**, Online. iceeft.com. 06/2020
- **Internal Family Systems: Workshop**, Honolulu. PESI. 03/2020
- **Emotionally Focused Therapy for Couples: 4-Day Externship**, Honolulu. iceet.com. 00/2019
- **ECHO Training Program: Enriching Communication Skills for Healthcare Providers in Oncofertility**, Online. echo.rhoinsitute.org. 01-03/2019

Professional Work Experience

- **Kaiona Counseling, LLC**, Kaneohe. Owner, Clinician 01/2019 – *present*
- **Serenity Counseling Services**, Honolulu. Clinical Therapist 12/2018 – *present*
- **Parents And Children Together**, Honolulu. Multisystemic Therapist (left position to study for 6 months and take LCSW exam) 12/2016 – 06/2018
- **Bobby Benson Center**, Kahuku. Intake Coordinator & Therapist (laid-off due to reorganization) 11/2015 – 09/2016
- **InformedDNA**, St. Petersburg. (HI home office). Cancer Genetic Counselor 09/2014 – 03/2016
- **Tripler Army Medical Center**, Honolulu. Prenatal Genetic Counselor 02/2010 – 08/2014
- **Queen's Medical Center**, Honolulu. Genetic Counselor (temporary, then call-in status; contractor) 05/2009 – 11/2011
03/2019 – 07/2019
- **DNA Direct**, San Francisco. Senior Genetic Counselor (HI home office) 10/2008 – 04/2009
- **Gale/Cengage Learning** and **One Voice Publications**, Waianae. Freelance Author 11/2007 – 11/2008
- **Kaiser Permanente**, Honolulu. Genetic Counselor 08/2004 – 11/2007
- **Mothers' Living Stories Project**, Berkeley. Administrative and Development Director (part-time) 09/2003 – 02/2004
- **Holy Names University**, Oakland. Assistant Dean of Academic Affairs, Director of Disability Support Services. 08/2001 – 07/2004
- **Children's Hospital Oakland**, Oakland. Hematology Genetic Counselor 08/1997 – 06/2001

Community & Volunteer Work, Selected

- **GoFarm Hawaii New Farmer Training Program**, Alumni. 2012 & 2018
- **Hawai'i State Licensure for Genetic Counselors**, Volunteer Advocate. 2005 – 2009
- **Louisiana State Police Family Assistance Center**, Genetics Volunteer for DNA identification of Hurricane Katrina victims 05/2006
- **Sherry's Fund**, Founder of breast cancer support project in mother's memory for women in hometown of Astoria, OR. 05/2000 – 07/2003

Licenses, Certifications, Affiliations/Memberships

- **State of Hawaii, Department of Commerce and Consumer Affairs**, Licensed Clinical Social Worker, License # LCSW 4386, Expiration 06/30/2022 2018 – *present*
- **National Association of Social Workers**, Licensed Clinical Social Worker 2019 – *present*
- **American Board of Genetic Counseling**, Certified Genetic Counselor, Certification # 99031, Expiration 12/31/2024 1999 – *present*
- **National Society of Genetic Counseling**, Member 1997 – *present*
Co-Chair, Workshop Committee, Annual Education Conference, 2001
- **American College of Sports Medicine**, Health Fitness Instructor 2004 – 2008

Presentations, Selected

- Parents And Children Together, Honolulu: *Community Partnering Potential with Residential Treatment Center for Adolescents*. 02/2017.
- InformedDNA, San Francisco: *Screening Patients for Risk of Harm to Self or Others*. 02/2016.
- Hawaii Pacific University, Honolulu: Panel presenter to Fall 2016 incoming BSW/MSW students. 09/2016.
- Bobby Benson Center, Kahuku: *Genetics of Behavioral Health Conditions*. 09/2016.
- Tripler Army Medical Center, Honolulu:
 - *NIPD & Other Applications of NextGen Sequencing*. 01/2012. On non-invasive prenatal testing.
 - *CMA Primer*. 05/2011. On chromosome microarray technology.
 - *Hemoglobinopathies Overview*. 07/2010.
- Ho‘okele i ke Ola Cancer Patient Navigation Conference, Honolulu: *Current Genetic Issues in Colon Cancer*. 11/2010.
- DNA Day Conference, for Oahu high school students: *Naming the Dead*. 04/2010. On DNA identification.
- Ulu Kukui Project’s Family Health Sciences Evening, Stevenson Middle School, Honolulu: *Genetics and Your Family*. 02/2008.
- Genetics for Your Practice Conference, Honolulu:
 - *Current Issues in Colon Cancer*. 09/2008 & 09/2009.
 - *Family History of Breast Cancer: Personal Experience*. 09/2009.
 - *Genetics in Disaster Recovery: New Orleans Experience*. 10/2006.
- University of Hawai‘i, Honolulu:
 - *Genetics and Genetic Counseling*. 02/2007 & 02/2009. To Nurse Practitioner students.
 - *Thinking About a Genetic Counseling Career*. 03/2006. To Biology Honors students.
- Kaiser Permanente Providers, Honolulu:
 - *Cystic Fibrosis Newborn Screening*. 08/2007.
 - *Thalassemia Overview*. 05/2005 & 05/2007.
 - *Hereditary Breast and Ovarian Cancer: Referral Guidelines and Overview*. 05/2006.
- UC Berkeley’s Genetic Counseling Program, Berkeley:
 - *Multiculturalism in Genetic Counseling*. 03/2000.
 - *Overview of Genetic Counseling for Hemoglobinopathies*. 03/2000.
 - *Counseling African Americans*. 03/1999, 02/2001, & 03/2002.
 - *Public Speaking*. 12/1997, 05/1999, 04/2000, & 04/2002.
- National Society of Genetic Counselors Annual Education Conferences:
 - *Disability and Genetic Counseling at the Interface*. 11/2001, Washington, D.C.
 - *Disability Issues in Genetic Counseling Workshop*. 10/1999, Oakland, CA.
- Other Presentations
 - *Fragile X Genetics*. 10/2007. To parent group for CARE Hawai‘i, Inc.
 - *Prenatal Testing Options*. 08/2007. To Bank of Hawai‘i employees.
 - *Disability as a Social Experience*. 11/2001. To NHGRI/Johns Hopkins students.
 - *Disability Culture*. 03/2000. To Children’s Hospital Oakland Multicultural Curriculum Program.

Publications, Selected

- Pilgrim J, Coleman K, Gloeb DJ, Pierce BT, Bakhshi T, Hill CC, Humphrey T, Huddleston C, Tsukenjo M, Donlon S, Bojanowski J. Spring 2011. Pentalogy of Cantrell: A case report with review of the literature. (Abstract and poster presentation at ACOG, Annual Clinical Meeting, Washington, DC.)
- Cheng LL, Taylor Shykowski A, Bojanowski J, Yamry S, Mah K, Morris PT. 2010. Genetic Counselors as Members of a Multidisciplinary Breast Center Team. (Abstract and poster presentation at National Society for Genetic Counselors, Annual Education Conference, Dallas, TX.)
- McNeil, H. Summer 2009. Interviewed for: The Perfect Pair of Genes. *Island Baby*. Island Family Magazine, Honolulu, HI.
- Hobson, K. November 2009. Interviewed for: How to Take Charge of Your Health. *US News & World Report* (print version). US News & World Report, New York, NY.
- Bojanowski, J. 2002. Sickle Cell Disease (<http://www.healthline.com/galecontent/sickle-cell-disease-2>); Thalassemia (<http://www.healthline.com/galecontent/thalassemia>); Ankylosing Spondylitis; Diabetes; Major Histocompatibility Complex articles. *The Gale Encyclopedia of Genetic Disorders*. Gale Group, Farmington Hills, MI.
- Bojanowski, J and Vichinsky E. 2001. Reproductive issues of adults with sickle cell disease: a review of 20 genetic counseling cases. (Abstract and poster presentation at NIH National Sickle Cell Disease Program Meeting, New York.)
- Choy J, Foote D, Bojanowski J, Yamashita R, and Vichinsky EP. 2000, Nov/Dec. Outreach strategies for Southeast Asian communities: experience, practice, and suggestions for approaching Southeast Asian immigrant and refugee communities to provide thalassemia education and trait testing. *Journal of Pediatric Hematology/Oncology*, 22(6): 588-92.
- Singer ST, Styles L, Bojanowski J, Quirolo K, Foote D, and Vichinsky EP. 2000. Changing outcome of homozygous α -thalassemia: cautious optimism. *Journal of Pediatric Hematology/Oncology*, 22(6): 539-542.
- Reed W, Lane PA, Lorey F, Bojanowski J, Glass M, Louie RR, Lubin BH, and Vichinsky EP. 2000. Sickle-cell disease not identified by newborn screening because of prior transfusion. *Journal of Pediatrics*, 136:248-250.
- Bojanowski J, Singer T, Styles L, Vichinsky E, Foote D, and Quirolo K. 1999. Alpha thalassemia major: counseling for the possibility of long-term survival. *Genetics in Medicine*, 1(2): 52. (Abstract and poster presentation at March of Dimes Clinical Genetics Meetings, Miami, FL.)
- Bojanowski, J and Vichinsky E. 1999. Development of a group genetic counseling curriculum for young adults with sickle cell disease. (Abstract and oral presentation at NIH National Sickle Cell Disease Program Meeting, San Francisco.)
- Singer TS, Styles L, Bojanowski J, Foote D, Wertz A, Vichinsky E. 1998. Normal long-term survival with homozygous α -thalassemia without antenatal treatment. *Blood*, 92(Suppl 1): 3155.